#### WHAT'S THE CRA DOING FOR YOU?

# Who's in the Rheum? Dr. Daniel Ennis, host of Around the Rheum

this edition of Who's in the Rheum?, the Cana-Rheumatology Association (CRA) would like to introduce you to Dr. Daniel Ennis, host of the CRA's Around the Rheum podcast and a member of the Communications Committee. Dr. Ennis is a Clinical Assistant Professor at the University of British Columbia. He



works as a general rheumatologist and vasculitis clinician at the Mary Pack Arthritis Centre in Vancouver. We're happy to share our interview with Dr. Ennis below!

#### What is a typical week in your practice?

My practice is primarily clinical, but I get to bounce between a few different roles. I have an outpatient general rheumatology practice that I share with my colleague and mentor Dr. Kam Shojania. I also run a vasculitis clinic alongside the brilliant Dr. Natasha Dehghan. I also am on-call at St. Paul's Hospital and Vancouver General Hospital. I really enjoy teaching trainees in each of these roles and love coming to work about 95% of the time.

## What is the best thing to do in your community? (professional or recreational)?

Well, that's a tough one. Vancouver is full of outdoorsy people who head to the mountains on the weekend. So, I think the standard answer is hiking. However, my favourite thing to do in my community is bouldering or rock climbing. I got into it when I moved here for residency, but I've only been going consistently for a few years, and it is a lot of fun. It is a bit hard on the hands and feet. We will have to see if it gives me early onset osteoarthritis.

#### What's the last great TV show or movie you watched?

So glad you asked. I do love a good TV show. I've just finished the first season of "3 Body Problem" and "Fallout," which were both excellent. However, I've become obsessed with a show called "Taskmaster." It is a British panel comedy show where each of the guests is filmed doing mostly

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pointless tasks and they are judged on their performances. Now that I write it down, it does not sound particularly exciting. But it is incredible. Start with season 1. I guarantee you will like it. You're welcome.

### What's it like being the host of the *Around the Rheum* podcast?

I was initially quite worried about hosting this podcast. Honestly, I am not a huge fan of public speaking. After getting over my initial jitters, it has been an absolute pleasure. I get to work with an outstanding production team including Dr. Dax Rumsey, Erin Stewart, and David McGuffin. They are incredibly supportive and patient with me. They make me sound quite a bit more competent as an interviewer than I actually am! I also have the privilege of interviewing (or co-hosting with) Dr. Janet Pope, who is a brilliant clinician and researcher. She is so delightful to spend time with. Being the host for *Around the Rheum* is an honour, but I still have "imposter syndrome" every time we turn the mic on to record. Hopefully, that will fade away after another 40 episodes or so.

#### What would you like to tell colleagues about Around the Rheum?

I think *Around the Rheum* is worth a listen. We have interviewed national and world leaders on a breadth of topics, and I have certainly learned a great deal from that process. Some of our guests are inspirational, some are brilliant scientists, some are clever problem-solvers, and all of them are caring people who are strong advocates for our patients. I think you will finish each episode feeling proud to be a part of such an incredible community.