
Poetry Inspired by the Injectable Steroid Shortage

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These are some funny, short poems, written in light of a recent shortage of Depo-Medrol® announced in the spring of 2022, to illustrate how much we were missing a trusted treatment for the local management of joint pain, which fortunately has now become available in the market again.

31 Vials of Depo

*31 vials of Depo on the shelf,
31 vials of Depo.
If 1 of those vials should happen to fall,
Cancel that injection, make that call.*

*30 vials of Depo in the cupboard,
30 vials of Depo.
If 1 of those vials should happen to break,
A steroid holiday patients will take.*

*29 vials of Depo on the tray,
29 vials of Depo.
If 1 of those vials should happen to crack,
No needles today, cut me some slack.*

*28 vials of Depo in my hands,
28 vials of Depo.
If one of those vials should happen to spoil,
Take some time off, no need to toil.*

*27 vials of Depo in room one,
27 vials of Depo.
If one of those vials should be lost,
None on black market, regardless of cost.*

The Night Before Clinic

*Twas the night before clinic
And all through the pharms,
Not a Depo was present
First do no harms.*

*On Shoppers, On Rexall,
On Heritage and Ben's,
If the white stuff is missing
Empty syringes won't mend.*

*No Covid to blame,
For this tragic affair.
At a gaggle of swollen joints,
I despairingly stare.*

*I never did dream
That this day I would see.
I guess I'll go ortho,
And inject PRPs.*

Roses are Red

*Roses are red,
Violets are blue,
No Depo available,
No shots can I do.*

*Daffodils are yellow,
Daisies are white,
Without Depo-Medrol,
Office days are a fright.*

*Lavender's purple,
Spring grass is green,
This shortage of steroids,
Is the most annoying I have seen.*

Depo at Hand

Do you need Depo at hand?

*I do need it rheum, I am.
I do need, Depo in hand.*

*I would need it for a knee.
I would need it MCP.
I'd inject it pretty quick.
In a bursa I am slick.*

*Do I need it for a joint?
If no Depo, what's the point?*

*I do need it for RA.
I can use it in OA.
I can use it for the gout.
I'll inject it all about.*

*I do need my Depo quick
Kenalog won't do the trick.*