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# Poetry Inspired by the Injectable Steroid Shortage

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*These are some funny, short poems, written in light of a recent shortage of Depo-Medrol® announced in the spring of 2022, to illustrate how much we were missing a trusted treatment for the local management of joint pain, which fortunately has now become available in the market again.*

## *31 Vials of Depo*

*31 vials of Depo on the shelf,  
31 vials of Depo.  
If 1 of those vials should happen to fall,  
Cancel that injection, make that call.*

*30 vials of Depo in the cupboard,  
30 vials of Depo.  
If 1 of those vials should happen to break,  
A steroid holiday patients will take.*

*29 vials of Depo on the tray,  
29 vials of Depo.  
If 1 of those vials should happen to crack,  
No needles today, cut me some slack.*

*28 vials of Depo in my hands,  
28 vials of Depo.  
If one of those vials should happen to spoil,  
Take some time off, no need to toil.*

*27 vials of Depo in room one,  
27 vials of Depo.  
If one of those vials should be lost,  
None on black market, regardless of cost.*

## *The Night Before Clinic*

*’Twas the night before clinic  
And all through the pharms,  
Not a Depo was present  
First do no harms.*

*On Shoppers, On Rexall,  
On Heritage and Ben’s,  
If the white stuff is missing  
Empty syringes won’t mend.*

*No Covid to blame,  
For this tragic affair.  
At a gaggle of swollen joints,  
I despairingly stare.*

*I never did dream  
That this day I would see.  
I guess I’ll go ortho,  
And inject PRPs.*

## *Roses are Red*

*Roses are red,  
Violets are blue,  
No Depo available,  
No shots can I do.*

*Daffodils are yellow,  
Daisies are white,  
Without Depo-Medrol,  
Office days are a fright.*

*Lavender’s purple,  
Spring grass is green,  
This shortage of steroids,  
Is the most annoying I have seen.*

## *Depo at Hand*

*Do you need Depo at hand?*

*I do need it rheum, I am.  
I do need, Depo in hand.*

*I would need it for a knee.  
I would need it MCP.  
I’d inject it pretty quick.  
In a bursa I am slick.*

*Do I need it for a joint?  
If no Depo, what’s the point?*

*I do need it for RA.  
I can use it in OA.*

*I can use it for the gout.  
I’ll inject it all about.*

*I do need my Depo quick  
Kenalog won’t do the trick.*