

## Educational Update

By Christopher Penney, MD, FRCPC

The CRA re-applied for Royal College Accreditor status in April 2014 and our application was generally well received by the College reviewers. The College as well as the CRA are wrestling with how to deliver palatable outcome-based Continuing Professional Development (CPD) in a cost effective and unbiased manner. Using that number of qualifiers in a single sentence indicates that achieving this ideal will not be easy nor will it happen overnight.

Beginning with new (or next) Royal College Maintenance of Competence (MOC) cycles starting on or after January 1<sup>st</sup>, 2014, all MOC Program participants will be required to complete a minimum of 25 credits in each section of the MOC Program during their new five-year MOC cycle. Thus a minimum of eight hours (three credits per hour) of Section 3 (self-assessment) activities will be compulsory in your next five-year CPD cycle. The CRA Education Committee is working to provide you with such programs.

The Education and the Scientific Committees are striving to go beyond traditional lecture and workshop formats at the upcoming Annual Scientific Meeting (ASM). We will be trialing new educational methods such as the flipped classroom workshop, discussion tables, and pre- and post-multiple-choice exams at the Quebec City ASM. An Image of the Month contest will run in the CRA newsletter starting in the fall of 2014. Images from this contest will be used to develop an annual self-assessment photo quiz for the membership. A column on rheumatology apps will also run in the newsletter. If you have thoughts on innovative teaching techniques or suggestions of any sort, email me at [penney@ucalgary.ca](mailto:penney@ucalgary.ca) or apply for the CRA Innovation in Education Award.



The Education Committee in Whistler, BC.

Patient Partners in Arthritis remains active, albeit with great difficulty, in many educational centers across Canada. The Education Committee is negotiating with The Arthritis Society (TAS) on ways to support this program. Hopefully I will have good news for you soon.

We had no winners of the Innovation in Education Award in 2013. I encourage the membership, especially residents and those presenting at the ASM, to consider applying for this award in 2014.

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Highlights of  
Québec City, Québec

**Schedule full of meetings, workshops, lectures, sessions, and abstracts? Ensure you enjoy a *petit pause* and take in the charms of Québec City. Here are a few suggestions to get you started.**

**Feast on *cuisine de terroir*.**

Les Québécois are formidably proud of their cuisine, emphasizing

local ingredients like lamb, lake-caught fish, wild mushrooms, duck, and ripe cheese. Maple syrup no longer reigns supreme in this city! Consider Laurie Raphaël for an upscale gastronomic tasting experience. La Gueule de Bois is perfect for hearty *chasseur* fare. Hip bistro more your style? Then check out if "everything is cool" at the funky L'affaire est ketchup.

*Laurie Raphaël: [www.laurieraphael.com/en/](http://www.laurieraphael.com/en/)*

*La gueule de bois: [www.lagueuledebois.ca/](http://www.lagueuledebois.ca/)*

*L'affaire est ketchup: 1 418 529 9020*